

# My carbon footprint

Color in the rings of your footprint starting from the center and moving out according to the instructions on the back of this sheet.

Was your footprint bigger or smaller than you thought it would be?  
Which color takes up the most space? How could you make your footprint smaller?

**RED:** My House

**BLUE:** Transportation

**GREEN:** Food & Water

**YELLOW:** Waste & Recycling



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INCLUSIVE AFTERSCHOOL PROGRAMS, CAMPS, AND OPPORTUNITIES  
FOR KIDS AND TEENS TO THRIVE

## My Carbon Footprint instructions:

1. Color 2 rings red if you live in an apartment. If you live in a house, color 4 rings red.
2. Do you try to save energy by turning off lights? If no, color 1 ring red.
3. Does your family adjust the thermostat in different seasons? If no, color 1 ring red.
4. How many cars does your family use every day? Are they big cars (trucks, SUVs) or small cars? Color 1 ring blue for every small car, and 2 rings blue for every big car.
5. Do you ever go somewhere without using a car? If you walk or bike instead, don't color any rings. If you ride a bus or other public transit, color 1 ring blue. If you always use a car, color 2 rings blue.
6. Have you flown on an airplane this year? Color 1 ring blue for each trip.
7. Does your family sometimes eat a meal without meat? If yes, color 1 ring green; if no, color 2 rings green.
8. Does your family ever try to buy local food, like from a farmer's market? If no, color 1 ring green.
9. Do you try to turn off the water when you're not using it in the middle of an activity like brushing your teeth or doing the dishes, or do you let it run? If you let it run, color 1 ring green.
10. Do you usually take showers or baths? Color 1 ring green for baths.
11. Does your family recycle? If no, color 1 ring yellow.
12. Does your school recycle? If no, color 1 ring yellow.
13. Does your family compost food or yard waste? If no, color 1 ring yellow.
14. When you grow out of clothes or toys, do you throw them away or do you donate them or sell them, like at a yard sale? Color 1 ring yellow if you throw them away.

